

# CANDY CANE SUGAR SCRUB PRINTABLES

## WHAT YOU NEED:

2 CUPS SUGAR  
1 CUP COCONUT OIL  
25-30 DROPS OF 100% PURE PEPPERMINT ESSENTIAL OIL  
4 OUNCE BALL JELLY JARS  
RIBBON OR TWINE FOR JARS

## DIRECTIONS:

PLACE COCONUT OIL IN A MICROWAVE SAFE BOWL AND MICROWAVE FOR 40 SECONDS UNTIL LIQUIFIED. LET COOL FOR ABOUT 5 MINUTES.  
MIX SUGAR, MELTED COCONUT OIL AND PEPPERMINT OIL IN A LARGE BOWL UNTIL COMBINED. ADD MORE PEPPERMINT OIL IF DESIRED.  
SCOOP SUGAR SCRUB INTO GLASS CONTAINERS.  
COVER AND SEAL.  
PRINT LABELS AND ATTACH TO TOPS OF JARS. ADD A RIBBON AND ENJOY!  
MAKES 4-5 4 OUNCE JARS

**TIP:** USE STICKER PAPER LIKE AVERY TO MAKE LABELS OR ATTACH WITH CARDSTOCK AND DOUBLE SIDED TAPE.



SEE [WWW.MOTHERTHYME.COM](http://WWW.MOTHERTHYME.COM) FOR MORE TIPS FOR MAKING THIS SUGAR SCRUB!

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